

Chef Nico Albert – Burning Cedar Foods

Come to the Tulsa Women's Expo on FEB 20-21 and watch exciting chef demos with Chef Nico Albert of Burning Cedar Foods!



Chef Nico Albert



Burning Cedar Foods

Chef Nico Albert is a self-taught chef, caterer and student of traditional indigenous cuisines based in Tulsa, Oklahoma. She began her culinary education at a very young age, growing up in California and Arizona. Her fondest memories began in her mother's garden and in the kitchen preparing meals, and culminated around the family dinner table.

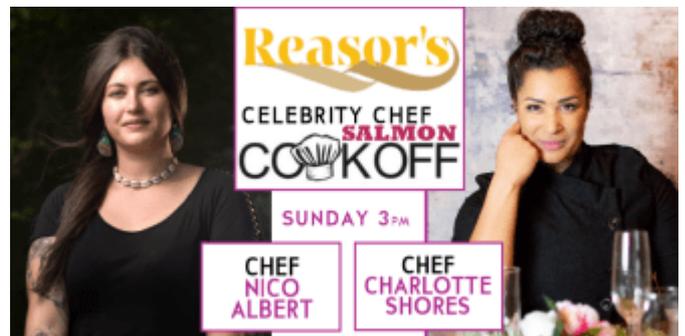
As the founding Executive Chef of Duet Restaurant + Jazz, a modern American eatery and jazz club in the heart of the Tulsa Arts District, Chef Nico drew on her Native American and Acadian heritage, as well as her affinity for indigenous Mexican and New Orleanian cuisine, to create the original menu and a vast catalog of specials during her tenure. The eclectic jazz-inspired dishes feature a combination of classic southern, indigenous and world flavors, and remain some of Tulsa's favorites.

Now as the founder and owner of Burning Cedar Indigenous Foods, Nico devotes her time and passion for the revitalization of indigenous cuisine to promote healing and

wellness in the Native American community by providing healthy, traditionally inspired catering options and educational events. Her efforts to steadily expand her knowledge of traditional ingredients and techniques continue through research and collaboration with indigenous chefs and traditionalists from all Nations. Chef Nico's work has been featured regionally and nationally by Cherokee Nation's OsiyoTV, Smithsonian National Museum of American History, Atlas Obscura, PBS, Gilcrease Museum, Philbrook Museum, BBC's Hairy Bikers, and Food Network, among others.

More about Chef Nico Albert here.

On Sunday at the Expo, Chef Nico Albert will be competing with Chef Charlotte Shores in the REASOR'S SALMON CHEF COOKOFF!



<https://www.burningcedar.com>

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