



It's All  
About

# Living

WOMEN'S LIVING EXPO  
Everest College  
**LIFESTYLE STAGE**  
Schedule

## Everest College LIFESTYLE STAGE

Friday Everest College Lifestyle Stage		
10:30am	The Emotional Thermometer: Where Is Your Temperature?	Counseling Solutions
11:00am	Life Story Writing	Legacies Life Stories
11:30am	Envisioning Retirement: Achieving Your Aspirations	Merrill Lynch
12 noon	Everest College	Everest College
12:30pm	Fitness Training Tips	Tfitt In
1:00pm	Aging In Place	Access Home Healthy and Hospice
1:30pm	Everyone Deserves to Live In A Medallion Healthy Home	Medallion Healthy Homes of MO
2:00pm	Hypnotherapy for Lifestyle Changes	Natural Path Hypnotherapy
2:30pm	The Benefits of Downsized Homes	Hall Investments
3:00pm	Massage For Those Touched By Cancer	Zen 3 Bodywork Studio
3:30pm	Wellness Drumming	The Integrated Wellness Center
4:00pm	When Your Occasion Requires More	An Occasion In Mind
4:30pm	Preventing Identity Theft	PrePaid Legal Services
5:00pm	Results By Arbonne	Arbonne International
5:30pm	Straighten Up America	Meek Chiropractic
Saturday Everest College Lifestyle Stage		
10:30am	Play With Your Children-It's The Best Investment You Will Ever Make!	Discovery toys
11:00am	Everest College	Everest College
11:30am	Making Those Skinny Jeans a Reality!	Changes
1:45pm	Cindy's Passion Parties	Passion parties
2:00pm	Color Trends By Benjamin Moore	Seminole Décor Center
2:30pm	Envisioning Retirement: Achieving Your Aspirations	Merrill Lynch
3:00pm	Everest College	Everest College
3:30pm	Home Decorating Ideas	Southern Living At Home
4:00pm	Glam, Slam & Tan	Senegence, Int'l
4:30pm	Handmade Leather & Fabric Purses	Bamzi Bags
5:00pm	Thank You Lord For Limu Moui	Limu Company
Sunday Everest College Lifestyle Stage		
11:30am	Everest College	Everest College
12:00pm	Hormones & Happiness - The Mind Body Connection	New Pathways Health & Wellness Center
12:30pm	Your Last Diet	Professional Weight Management
1:30pm	The Daily 30 Second Mind & Body Makeover	Vision For Life
2:00pm	Homework: A Parent's Survival Guide	Huntington Learning Center
2:30pm	Your Life, Your Story, Your Way	Creative Memories
3:00pm	Everest College	Everest College
3:30pm	Holiday Inspirations	B-Sew Inn
4:00pm	We Come To You!	In Home Computer Solutions
4:30pm	Nutritional Supplements For Women, what Do You REALLY Need?	Fordland Clinic