



TULSA WOMEN'S LIVING EXPO KITCHEN STAGE

sponsored by **HAHN APPLIANCE CENTER INC**
Timberwolf Woods Custom Cabinetry

Friday Kitchen Stage February 8th 2008

12:30pm	Simplify Dinner With Leanne Ealy	
1:00pm	Espresso, Coffee & Tea 101-The Art of Coffee & Tea	StoneWood Coffee & Tea Co.
1:30pm	Skinny Spinach With Angel Hair Pasta	Kitchen Kimberly
3:00pm	Bowtie Shrimp Pasta Verde With Lemon Herbs	Embassy Suite Hotel
3:30pm	Real Food-Real Fast	The Pampered Chef
4:00pm	Simplify Dinner With Leanne Ealy	
4:30pm	A Taste of Tupperware	Tupperware
5:00pm	Quick Tomato Bruschetta	Kitchen Kimberly
5:30pm	4 Meals In 4 Minutes	Homemade Gourmet

Saturday Kitchen Stage February 9th 2008

10:30am	Quick Pasta With Spinach & Tomatoes	Kitchen Kimberly
11:00am	Simplify Dinner With Leanne Ealy	
11:30am	A Taste of Tupperware	Tupperware
2:00pm	4 Meals In 4 Minutes	Homemade Gourmet
2:30pm	Espresso, Coffee & Tea 101-The Art of Coffee & Tea	StoneWood Coffee & Tea Co.
3:00pm	Mocha Turtle Trife	Kitchen Kimberly
3:30pm	Bowtie Shrimp Pasta Verde With Lemon Herbs	Embassy Suite Hotel
4:00pm	Simplify Dinner With Leanne Ealy	
4:30pm	Your Childrens' Health	Juice Plus
5:00pm	Real Food-Real Fast	The Pampered Chef

Sunday Kitchen Stage February 10th 2008

11:30am	Salmon With Carmelized Onions & Spinach	Chef Tony Aidoo, Radisson Hotel
12 Noon	Simplify Dinner With Leanne Ealy	
12:30pm	Espresso. Coffee & Tea 101- The Art of Coffee & Tea	Stonewood Coffe & Tea Company
1:00pm	A Taste of Tupperware	Tupperware
1:30pm	Skinny Spinach With Angel Hair Pasta	Kitchen Kimberly
3:00pm	Bowtie Shrimp Pasta Verde With Lemon Herbs	Embassy Suites Hotel
3:30pm	Simplify Dinner With Leanne Ealy	
4:00pm	Salmon With Carmelized Onions & Spinach	Chef Tony Aidoo, Radisson Hotel
4:30pm	Real Food-Real Fast	The Pampered Chef



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<http://www.timberwolfwoods.com>