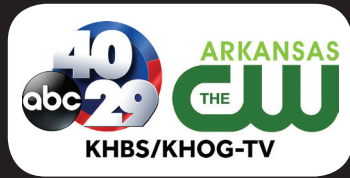


**\$2 OFF ADMISSION**  
WITH THIS CARD



join us for a *what*  
**Women want**  
**EVENT**

FEATURING THE

**SPARKS BROWN BAG LUNCH  
HEALTH SYMPOSIUM**

**SATURDAY 12 NOON**

**FREE Brown Bag Lunch\***

Presentation by Sparks Health Care Experts

**FREE Ticket to Expo When You Attend Symposium**

\*Seating is limited, go to [womenslivingexpo.com](http://womenslivingexpo.com) to register.



40/29 & THE ARKANSAS CW



OCTOBER 19<sup>TH</sup> - 20<sup>TH</sup>  
FORT SMITH  
CONVENTION CENTER

[WWW.WOMENSLIVINGEXPO.COM](http://WWW.WOMENSLIVINGEXPO.COM)





## MEET THE 40/29 TEAM



Angela Taylor



Derek Burleson



Kelly Johnson

## SPECIAL GUEST



GENERAL HOSPITAL



www.harryrobinson.com  
PRESENTS

**Sean Kanan**  
A.J. Quartermaine  
FROM GENERAL HOSPITAL

Saturday 1:00pm

## SPARKS HEALTH PAVILION



Free Bone Density Screenings

Free Blood Pressure Checks

Free Chair Massage

Free Genetic Breast Cancer Risk Assessments

Free Body Mass Index Checks

## GET WEATHER READY



Chief Meteorologist  
**Drew Michaels**



## SPECIAL GUEST

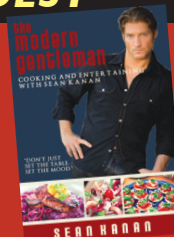


www.harryrobinson.com  
PRESENTS

COOKING AND ENTERTAINING WITH

**Sean Kanan**  
AUTHOR OF THE MODERN GENTLEMEN

Sun. 2pm • Chef's Kitchen Stage



## COOKING DEMOS



PRESENTS

**Kitchen Kimberly**



## 40/29 & THE ARKANSAS CW WOMEN'S LIVING EXPO

FORT SMITH CONVENTION CENTER  
OCTOBER 19 - 20, 2013

\$6 GENERAL ADMISSION • \$4 WITH THIS CARD  
CHILDREN 8 & UNDER FREE



WWW.WOMENSLIVINGEXPO.COM

## COOKING WITH CRAIG



PRESENTS

**Craig Strickland**  
THE ARKANSAS CW STAR

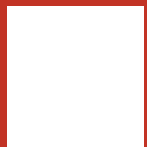
Saturday at 3:00pm



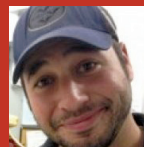
SMART CHICKEN



## CELEBRITY CHEF COOK-OFF



Chef Patrick Murry



Chef Jason Haid



Sunday at 3:00pm