# \$2 OFF ADMISSION

WITH THIS AD



# join us for a Whol



### SPARKS BROWN BAG LUNCH HEALTH SYMPOSIUM SATURDAY 12 NOON

FREE Brown Baa Lunch\*

Presentation by Sparks Health Care Experts FREE Ticket to Expo When You Attend Symposium \*Seating is limited, go to womenslivingexpo.com to register.



## **MEET THE 40/29 TEAM**



Angela Taylor







Drew Michaels

### **FITNESS** SPECIALTY FOODS THE CHEF'S COOKOFF! MOM'S & KIDS

# SPECIAL GUEST



HARRY ROBINSON

Sean Kanan A.J. Quartermaine

Saturday 1:00pm

# **COOKING AND** ENTERTAINING WITH

Sun. 2pm • Chef's Kitchen Stage



PLUS

**HEALTH & WELLNESS** ASK THE DOCTORS **BEAUTY & MAKEOVERS** SPA TREATMENTS & PRODUCTS

WOMEN'S LIFESTYLE HOME DECORATING YOUR HOME & EXPERT SOLUTIONS **GIVEAWAYS** 

FORT SMITH CONVENTION CENTER OCTOBER 19 - 20, 2013

SAT. 10AM-6PM AND SUN. 11AM-5PM \$6 GENERAL ADMISSION • \$4 WITH THIS AD **CHILDREN 8 & UNDER FREE** 















lassic













SLIVINGEXPO.COM